Intro to Ministry: Part 1
Learning Guide



Dear Leader,

This guide is intended to outline the various learning elements you'll encounter in this course along with suggestions for fruitful engagement. The course itself has been developed with instructional design "best practices" in mind. The suggestions for engagement are based on adult learning development theory.

In this guide, you will find "learning partner" suggestions that you can use if you are completing this course with a friend/team, or are choosing to intentionally engage a support person in your growth journey. While our weekly Zoom sessions will provide a great deal of discussion, peer learning, and relational engagement, I also recommend selecting a learning partner that can journey with you during the weekly activities as well.

Additionally, in the appendix, you will find a number of (optional) visual processing guides. If it is helpful to you, you may use these guides as you journey through the content each week. You may also find these guides beneficial for use in sharing the course tools with those you are discipling or leading.

Should you have any questions please do not hesitate to contact me via email or text. (Allowing 24 hours for response Monday-Friday, and 48 hours for response Friday-Sunday).

I look forward to journeying with you over the next few weeks Blessings, Cyon .



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Weekly Element Guide:



Each week will begin with "review" elements. These will usually consist of a welcome video that will overview the week's content and activities, and lectures/presentation videos from a variety of sources.

I would recommend that you begin each week with the welcome video if there is one, followed by the lecture/presentation video. You may want to review the videos later in the week as you are engaging with the content and activities for further clarity.

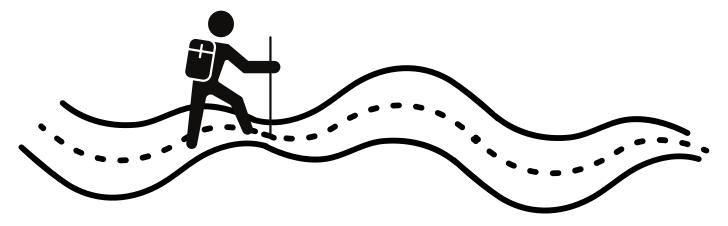


Weekly readings will be assigned from the course text, *Building a Discipling Culture* (referred to as "BDC" in the dashboard). Please note that we will not be covering every chapter in this text so be sure to read the chapters as assigned each week, and don't worry if certain chapters are skipped. (I would recommend, on your own time, taking a look at chapter 11 as it relates to the Spiritual Gifts course you have already completed.)

Read

Where the course text references certain scripture passages, I encourage you to read those passages for yourself- preferably in a variety of translations.

As you engage with the weekly readings, I encourage you to take it slow and prayerfully consider the content as it will be heavily incorporated into your final project.





The weekly guided reflection will consist of a variety of questions to consider and activities to complete. These reflections are intended to help you process the content at both a personal as well as professional level, and integrate the learning into your life and leadership.

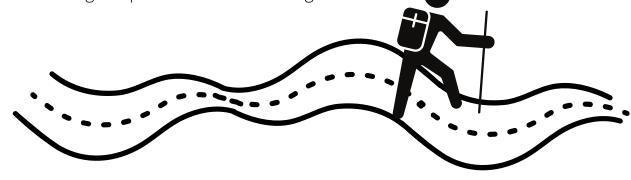
I would suggest choosing a learning partner to reflect and discuss with. This might be a classmate, family member, or friend who is willing to embark on the learning journey with you. You might select one learning partner for the entire course, or engage with someone different each week. Extraverted learners may enjoy completing weekly reflections assignments with a partner, while introverted learners may prefer to lean on their learning partner for support or light discussion. Regardless of how you approach the weekly reflections, I encourage you to take good notes- either written notes, voice notes, video notes, or some other avenue that works best for you. The weekly reflections will inform your final project.



Each week, you will submit responses via the dashboard based on your weekly reflection questions and activities. These responses are informal and mainly serve as an ongoing "discussion" between the two of us. I will not be addressing grammar, spelling, formatting, etc. but will instead be focusing on engaging with and responding to how and what you are



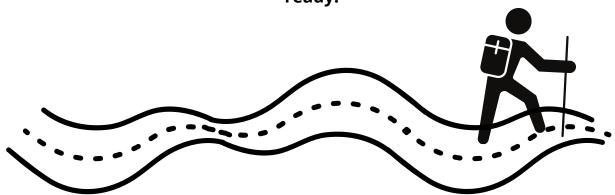
precedents from next. The "reflection" content each week is designed to guide you through personal processing, while the "respond" assignments will ask you to provide me with a snapshot, sumamary, or overview of what you've been processing. This is good practice in communicating, clearly and concisely, all the things God has been speaking/revealing to you- which is a good practice for leaders to grow in.





The weekly report-outs will be conducted via our <u>zoom</u> sessions either in large (whole class) or small (breakout) groups. You will be asked to come to the zoom sessions prepared with content to share by way of questions, discussions, activity summaries, etc.

If you arrive to the <u>Zoom</u> session without prepared material, please plan to take part in the groups as a silent observer. You are welcome to sit in and listen (with your audio muted), and take notes on what the rest of the group is sharing. In order to participate in the discussion, please have your report-out content prepped and ready.





Week 1:

Zoom January 31st

*Watch Course Welcome (12:38) & Meet the Instructor (15:04) prior to first zoom session

REVIEW: February 1st-6th

How Great Leaders Inspire Action (18:34)- Simon Sinek's Start With Why

• BDC chapters 1-4

READ: February 1st-6th

REFLECT: February 1st-6th

(After Review and Read)

- How would you define "invitation" and "challenge" in your own words?
- Which of the two seems to be most present in your life in this current season and how are you responding? Which do you tend to bring most naturally to others?
- As it is defined in this week's reading, who is discipling you right now? What does that relationship look like and how is it going?
- Who are you currently discipling? What does that relationship look like and how is it going?
- Consider the TED talk you viewed this week as a guide for thinking about mission and ministry.
- The WHY is God's overall vision/mission for humankind. Why are we here? What is God's mission for his people?
- The HOW is more personal- how are you specifically called to respond to, engage with, and participate in the WHY. How are you connected to God's overall mission in the world?
- The WHAT is your strategic plan of action. What will you do to live into the HOW that God has called you to in order to contribute to his WHY?
- Which of the Three A's (chapter 4) is the most challenging for you? What might God be saying to you about this?
- Consider the 5 Capitals (chapter 4) and your current way of living. How would you say that you currently rank them, in order of importance from greatest to least?
- What is God saying to you about this? What is God inviting you into?
- Where might you need to reorder these capitals (priorities) and what would that look like practically?

Week 1 (cont.)

RESPOND: By February 6th

Summarize your overall takeaways from this week's content/reflection and submit the following via the course dashboard:

- What was new, interesting, or surprising to you this week? Why?
- What felt challenging or convicting? Why? (A potential area of growth for you.)
- What felt like a strength area for you? Why?
- What do you sense God speaking to you right now?

REPORT: Prepare for our next zoom session

Come to the next **Zoom** session (Feb. 7th) prepared with:

- Any questions you have from this week's content (we'll kick off with 15 min of Q&A)
- Your "Respond" submission (you will discuss in small groups for 30 mins. and then provide a brief report out to the class as a whole during our last 15 mins.)

Week 2: Zoom February 7th

REVIEW: February 8th-13th

- Mission and Ministry video (23:43)
- <u>Contextual History/Biography video</u> <u>with guest Perry Sakai</u> (1:00:23)

READ: February 8th-13th

• BDC chapter 5

REFLECT: February 8th-13th

- What grabs your attention most from the Mission and Ministry presentation?
- How is this similar to or different from what you have assumed or been taught in the past?
- What further questions do you have?
- What do you find inviting and what do you find challenging?
- Complete the Missional Context Activity (outlined on the following page)

RESPOND: By February 13th

Submit the following via the course dashboard:

- Summarize your experience and reflection from the Missional Context Activity. Provide an overview of your missional context, to include the history of the space, biography of the space, key observations, and what you felt God saying/highlighting to you through this process.
- This can be completed in whatever format suites you best. Keep in mind that this activity is designed to inform your ministry practices and missional response, so choose the form that works best for you in your ongoing work. This may be written form or visual form (sketch, missional vision board, graphic organizers, video, etc.)

REPORT: Prepare for our next Zoom session

Come to the next **Zoom** session (Feb. 14th) prepared with:

- Questions you have from this week's content
- Your Missional Context Activity report (keep it brief, 5 min. max summary)

Week 2 (cont.)

Missional Context Activity-

- 1. Define your mission field (what is the "ground between your own two feet"?)
- 2. Consider- What is the geographical and historical context of your mission? In order to reflect on this, make time to go on a missional prayer walk around your mission field. Whether this is your home, your neighborhood, your workplace, your church property, your city, your school campus, etc.- take a walk with open eyes, open mind, and open heart. As you go, observe as Jesus might have. What do you notice? Who do you notice? Where are the pain points? What are the needs? What is the spiritual sense of the mission field you have been called to? Where are the opportunities? Where are the open doors and closed doors? Where are the potential networks, partnerships, and safe spaces? Where is there peace and where is there tension? Where do people tend to gather? Notice EVERYTHING without judgment, without strategy, without the need to solve a problem, provide quick fixes, or answer questions. Simply observe and ask God to reveal his heart FOR, IN, and THROUGH this space.
- 3. Do a bit of research, digging into the history, biography, and geography of your missional context. This might happen through conversations with locals, interviews, prior knowledge that you have, museum visits, internet research, etc. Identify the following:
 - a. Who are the significant PEOPLE in this context
 - b. What are the significant EVENTS that happened in this context
 - c. Where are the significant PLACES in this context
- 4. After completing steps 1-3, spend some time prayerfully reflecting on what you discovered, asking God to bring clarity and wisdom. Then, consider the following: What does Good News (or Gospel News) look and sound like in this context?

^{*}If possible, this activity is best done in pairs or groups. If you can do this with a classmate, friend, family member, ministry partner, etc. I would encourage you to do so.

Week 3: **Zoom** February **14th**

REVIEW: February 15th-20th

• Welcome video (6:32)

• The Learning Circle (4:16)

READ: February 15th-20th

• BDC chapter 6

REFLECT: February 15th-20th

- What stands out to you the most about the Learning Circle?
- Which aspects of the circle feel most natural to you and which are challenging?
- Why is it important to slow down and be intentional about repentance?
- Why is it important to slow down and be intentional about belief?
- Consider a time in your life when you experienced a kairos moment and did NOT respond in fullness (did not complete the circle). What happened? What was the experience like? What did you learn?
- Consider a time in your life when you experienced a kairos moment and DID respond in fullness (completed the circle). What happened? What was the experience like? What did you learn?
- What would it look like to use the Learning Circle as a discipleship tool in your personal life? What about with a small group of close friends or family? What about with your team/staff/church/etc.?
- Select a trusted person in your life (friend, family member, mentor, etc.) to process the Learning Circle with:
- Share (teach) the learning circle to them.
- Illustrate the circle using a current example from your own life.
- Ask your trusted person to walk with you as you process through the stages of observation, reflection, discussion, planning, account, and action. Ideally you would be focusing on a real, current kairos moment and selecting a trusted person who can provide ongoing support and accountability to you.
- Invite your trusted person to identify and share a current kairos of their own, and journey together around the circle. Can you offer ongoing accountability, prayer, and support to your trusted person as they journey through their own learning circle?

Week 3 (cont.)

RESPOND:By February 20th

Submit the following via the course dashboard:

- Summarize your experience with the Learning Circle this week
- Explain how you could incorporate the Learning Circle as part of your ongoing discipleship as well as leadership
- If you do not see the Learning Circle as a beneficial tool, explain why

REPORT: Prepare for the next Zoom session

Come to the **Zoom** session (Feb. 21st) prepared with:

- Questions you have from the week's content
- Reflections from this week's activities to discuss in small groups

Week 4: <u>Zoom</u> February 21st

REVIEW: February 22nd-27th

- <u>Up/In/Out video</u> (14:15)
- <u>15-Second Testimony</u> video (4:08)

READ: February 22nd-27th

• BDC chapter 7 & 8

REFLECT: February 22nd-27th

- Of Up, In, and Out, which comes most naturally to you? Which comes least naturally?
- Consider the faith community you are part of- how does it balance all three dimensions of Up, In, and Out? Which of the three is the greatest strength of your faith community and which is the greatest growth area?
- What are some of the key elements or practices of an Up life for you?
- What are some of the key elements or practices of an In life for you?
- What are some of the key elements or practices of an Out life for you?
- Are these elements/practices part of your "ideal" way of living and leading, or are they part of your current, intentional reality?
- Considering the Up, In, and Out activities that are most natural for you (based on your gifting, personality, etc.), choose one of each to practice this week intentionally. You might do this individually or with a learning partner. Pay attention to your own thoughts and feelings, as well as the response of those you engage with AND what you sense God pointing out to you along the way.
- Work on drafting and delivering your own 15-second salvation testimony
- Work on drafting and delivering a variety of "testimonies" based on key moments
 you have lived through where God was at work. (These might be kairos moments,
 mile markers, significant highs or lows in life, etc. Consider having a whole
 storehouse of testimonies-not just your salvation story-that you can share quickly
 yet thoroughly at a moment's notice in evangelistic, leadership, or discipleship
 moments)

Week 4 (cont.)

RESPOND: By February 27th

Submit the following via the course dashboard:

- What did God say to you during your study and practice of the Up, In, Out life this week? (What was your "kairos"?)
- How do you feel you are being called to respond?
- What did you find the most challenging and what did you find the most inviting?
- How are you currently modeling the Up, In, Out life for those you are leading and/or discipling? How can you grow in this?
- Reflect on the practice of developing 15-second testimonies to share in leadership, discipleship, and/or evangelistic moments. Was this helpful? Might these be useful for you? How might you multiply this practice in those you are leading/disciploing?

REPORT: Prepare for our next Zoom session

Come to the **Zoom** session (Feb. 28th) prepared with:

- Questions you have from this week's content
- ONE practice that you enjoy the most and feel strongest in from either the Up, In, or Out category. Be prepared to share/teach this practice with your small group and then answer their questions about the practice
- ONE of your 15-second testimonies to share with your small group

Week 5: Zoom February 28th

REVIEW: March 1st-6th

- Welcome video (15:15)
- Sabbath Rest podcast- choose ONE format, either audio or video (1:04:18)

READ: March 1st-6th

BDC chapter 9

REFLECT: March 1st-6th

For those of us coming from a Western culture, this particular chapter/tool/Biblical concept is often the one we find the most challenging. I encourage you to lean into that challenge deeply and allow God to reveal to you His great invitation in the midst of the counter-cultural challenge you may be experiencing.

- What is your initial, visceral reaction when you hear the words "fruitful," "pruning," "rest," and "work"?
- Which elements or rhythms of rest and work do you find the most appealing as demonstrated in the life of Jesus? What would it look like to incorporate these elements/rhythms into your own life, as a disciple of Christ? What would this mean for you, your family, your own disciples, your team, etc.?
- Have you experienced burnout, or felt that you were close to burnout? What were the factors at work in your life that led you to burnout? How did you (or did you) recover?
- Are you currently in a season of abiding (rest), pruning (growth), or fruitfulness (work)? How does it show? Are you surrendering to your current season or are you resisting it
- Conduct a time audit. (Details on following page)

RESPOND: By March 6th

Submit the following via course dashboard:

- Upload your time audit (this might be a document, or if your time audit is hand-written you can take a picture to upload or scan).
- Summarize your reflections from this week's content and activity.
- Summarize your reflections and questions from the Sabbath Rest podcast.

Week 5 (cont.)

Time Audit Activity

This is much like a financial audit, where you track every cent that's spent and where it went. Ideally, this is an activity that would take place over the course of a few weeks where you would literally track/notate how you spend every minute of the day. For the purposes of this activity, we will conduct a condensed version:

- 1. Look at your calendar. Take note of the scheduled activities, and how much time is spent on them. Where applicable, do not forget to include the required time that isn't shown in the calendar such as travel time, planning time, prep time, etc.
- 2. Think through an average day (or reflect back on the past week or so) and take note of where your time is spent on activities that are not included in your calendar such as self-care/hygiene, sleeping, eating, reading, screens/devices/TV, playing, hobbies, schoolwork, etc. (Keep in mind that most smartphones these days have an activity tracker somewhere in the settings that will give you a realistic look at how much time is spent on your phone, as well as where/what apps it is spent on.)
- 3. Create a table, chart, graph, notes, etc. summarizing how your time is spent in the average day and week. You can group/categorize certain activities together as it makes sense to you (for example: "sleep," "personal care," "work," "travel," "schoolwork," etc.).
- 4. Share your time audit with a learning partner or classmate. What do you notice? What do they notice? What is God saying?
- 5. Compare Jesus' model of rest and work to your own patterns of rest and work. How could you improve your stewardship of time by following Jesus' teaching in John 15?
- 6. Begin to dream about what predictable patterns of rest might look like in your life. What patterns of rest could you have daily? Weekly? Monthly? Seasonally? Annually?

REPORT: Prepare for our next Zoom session

Come to the **Zoom** session (March 7th) prepared with:

- A copy of your time audit to share/summarize
- Questions you have from this week's content
- ONE pattern/practice of rest that you have found to be beneficial that you can share with your small group
- ONE challenge you are facing from this week's content that you can share with your small group

Week 6: Zoom March 7th

REVIEW: March 8th-13th

• <u>Leadership/Discipleship Square</u> <u>video</u> (15:43) READ: March 8th-13th

• BDC chapter 10

REFLECT: March 8th-13th

- Consider a time in your life/leadership/discipleship when you were in Stage One.
 What did it feel like? What did you enjoy and where did you struggle? What did you learn?
- Consider a time in your life/leadership/discipleship when you were in Stage Two. What did it feel like? What did you enjoy and where did you struggle? What did you learn?
- Consider a time in your life/leadership/discipleship when you were in Stage Three. What did it feel like? What did you enjoy and where did you struggle? What did you learn?
- Consider a time in your life/leadership/discipleship when you were in Stage Four.
 What did it feel like? What did you enjoy and where did you struggle? What did you learn?
- Where would you place yourself on the square in your current season? How is that going?
- In which stage of the square do you tend to function best as a leader? What stage of the square are you currently operating in most frequently (either because of necessity or default)?
- Which leadership style comes MOST and LEAST naturally for you? (directive; visionary/coach; pastoral/consensus; delegation)
- Consider the leadership culture of your current organization. How does it reflect (or not reflect) Jesus' relationship-oriented leadership?
- Consider the ways in which both your personal AND professional life/leadership/discipleship practices could be strengthened using the Square.

Week 6 (cont.)

RESPOND: By March 13th

Submit the following via course dashboard:

- What questions do you have about this week's content?
- Summarize-
 - Your reflections
 - Your most significant takeaway
 - Your action plans from this week's content.

REPORT: Prepare for our next Zoom session

Come to the **Zoom** session (March 14th) prepared with:

- An example of a time when someone successfully led you around the square OR an example of a time when you successfully led someone else around the square. What made it work? What practices did you find helpful? (Be prepared to share and discuss with your small group.)
- Observations and/or questions you have about how this tool lends itself to healthy discipleship as well as organizational leadership.

Week 7: Zoom March 14th

REVIEW: March 15th-20th

 Welcome & Final Instruction video (11:58)

READ: March 15th-20th

- Psalm 139 (Read daily, preferably in a different translation each day. Some of my favorites are linked here, however I encourage you to explore a variety of translations-both your own favorites as well as those you have not read before.)
- King James
- New Living Translation
- The Message
- Passion
- Amplified
- Spanish (La Palabra)

REFLECT: March 15th-20th

- (Daily)- What is God saying to you?
- Is there a particular verse or passage of scripture that you are currently clinging to? What speaks to you or inspire you? What would you consider your "life verse" (even if it's just the verse/passage for this season of life)?
- If you could summarize what God is saying to you through this course in one word, what would it be?

Week 7 (cont.)

RESPOND: By March 20th

Submit the following via course dashboard:

- Summarize your reflections from the week
- What is your life verse/passage for this season?
- What is your "one word" from God for this season?

REPORT

Come to the **Zoom** session (March 21st) prepared to:

- Share a summary of what God is speaking to you for this season. This might include your life verse, "one word" from God, your personal mission/calling, your invitation or challenge, your "Why/How/What," your most significant takeaway from this course, etc. Be prepared to share your summary of what God is speaking in 3 minutes or less. (You might need to draft and/or practice this in advance in order to honor the time constraints.) Keep in mind that what you share here should reflect the beginning work of your final project. *Please end this summary with your overall "Takeaway/Leave Behind" or "Hello/Goodbye"
- Listen prayerfully and respond prophetically to your classmates. After each person shares their summary, we will take a few more minutes to allow classmates to respond with what they heard from God during the sharing time. This might be a single prophetic word of encouragement, verse, picture, song, etc.

Week 8: Zoom March 21st

REVIEW

• Culmination & Final Project video (7:54)

READ

- Your reflections and notes from the past seven weeks
- The prophetic words shared with you during our final Zoom session

REFLECT

- Complete Final Project (instructions on following page) DUE MARCH 31st
- Ultimately, your final project (vision board) is intended to:
 - Reflect your kairos (what God said)
 - Demonstrate your response (the plan of how you will intentionally steward and be obedient to what God said)
 - Serve as your guide for sustainable growth and development as you continue walking in the fullness of all God has called you to

RESPOND: By March 31st

Submit the following via course dashboard:

- Final Project (upload, scan, take picture, etc.- whichever method of submission most appropriate for the medium you selected)
- Course Evaluation (provided by FSOM)

Week 8 (cont.)

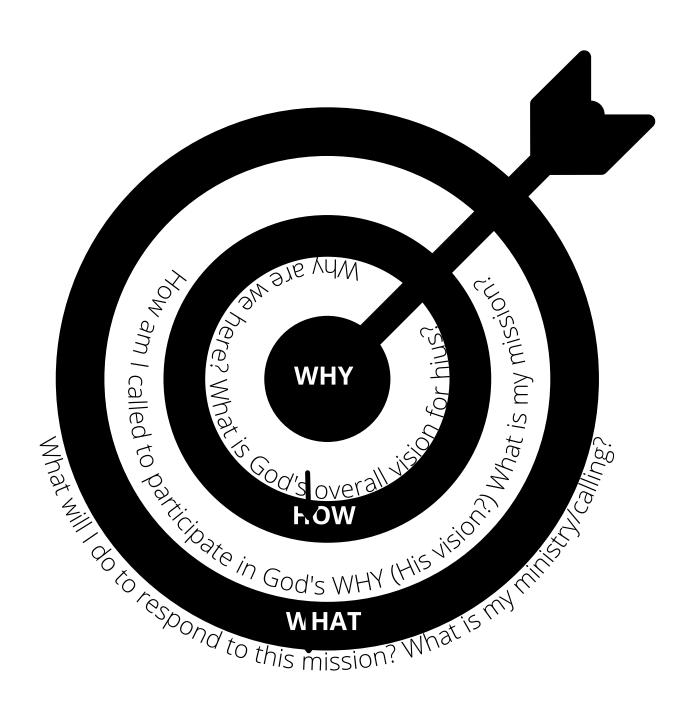
Final Project

You might call this project a vision board, mission statement, or other similar term that resonates with you. The main goal of this project is to summarize your personal revelations/kairos from the past few weeks into a concise guiding document. This is considered a "living document," which means it will remain open for updates, revision, and growth over time. This project should capture the core principles, values, and practices you desire to live into moving forward in your personal life, discipleship, and leadership. While the project will be shared for course credit, the medium you choose should be significant and useful to you as it is something that you will, ideally, refer to regularly. You might choose to create a document, a graph, a chart, a poster board, a slideshow, a collage, a series of images to be stored on your phone, a wallpaper for your computer, etc. The options are endless, just be sure that whatever you choose speaks to you and will be visible to you in a prominent place each day.

The content of the project will consist of the tools, practices, values, etc. that you desire to intentionally steward. This might include but is not limited to:

- 1. Your definition/understanding of God's mission and your role in it (personal calling)
- 2. Your personal gifting, wiring, personality, etc.
- 3. A summary/description of the WHY, HOW, and WHAT you feel called to live by
- 4. Who you're discipling, who is discipling you, and how you will remain engaged
- 5. A summary of your missional context (history, biography, geography, etc.)
- 6. Rhythms/practices for prioritizing and stewarding the 5 Capitals
- 7. Plans for engaging with the course tools that you found to be the most significant
- 8. A rhythm of life that includes daily, weekly, monthly, seasonal, and annual practices of both rest and work
- 9. Your life verse/passage for this season
- 10. Your "one word" from God
- 11. Any prophetic words that felt particularly significant
- 12. The things you intend to start/stop

Appendix Week 1: Start With Why



Appendix Week 1 (cont.): The 5 Capitals and 3 A's

The 5 Capitals







Physical





The 3 A's



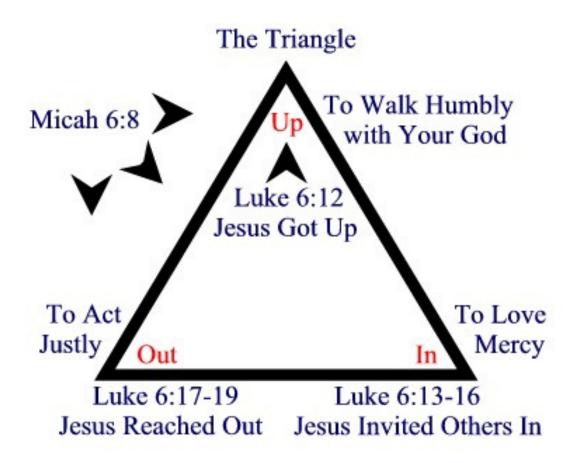




Appendix Week 3: The Learning Circle

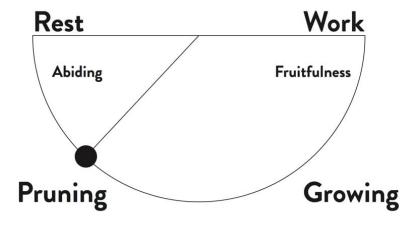
Act Observe Account Believe Repent Reflect Plan Discuss

Appendix Week 4: Up, In, Out Triangle



Appendix Week 5: Rhythms of Life (Semi-Circle)





Working is: Bearing Fruit Doing Growing Kingdom

Appendix Week 6: Multiplying Discipleship (The Square)

D1/L1

"I do, you watch"

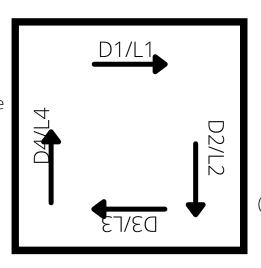
Disciple: High Confidence/Low Competence
Leader: Directive (lots of information and some imitation)

D4/L4

"You do, I watch"

Disciple: High

Confidence/High Competence
Leader: Delegation (lots of innovation, moving towards information as the disciple becomes the leader with another)



D2/L2
"I do, you help"
Disciple: Low
Confidence/Low
Competence
Leader: Visionary/Coach
(some information and lots
of imitation)

D3/L3
"You do, I help"
Disciple: Low Confidence/High Competence
Leader: Pastoral (lots of imitation, some innovation)